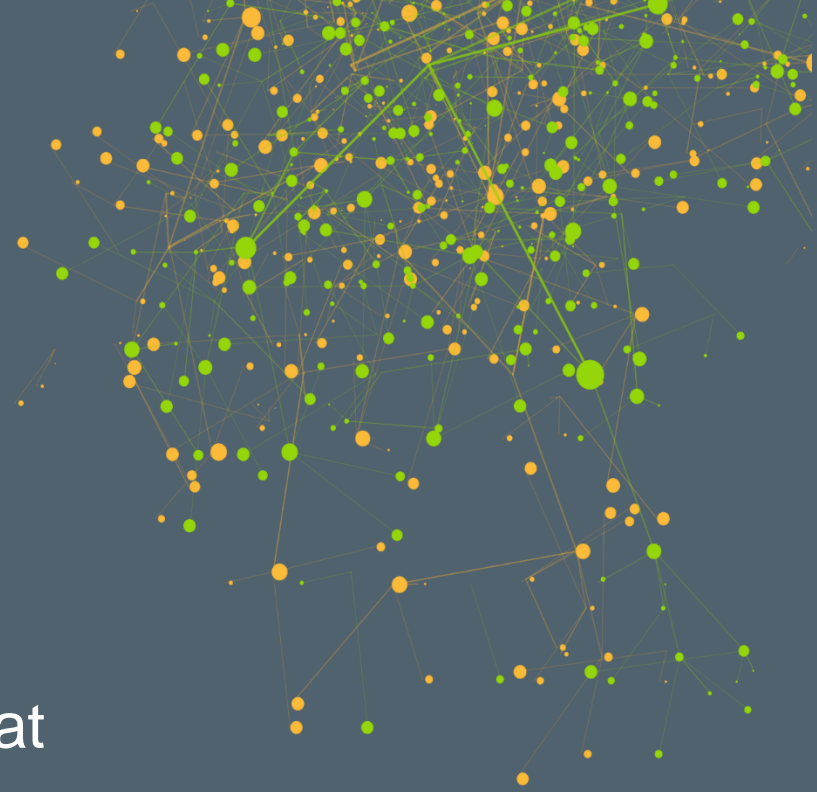




**URBAN  
TRANSPORT  
GROUP**



## Transport and Health: What can we achieve together?

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**Rebecca Fuller**

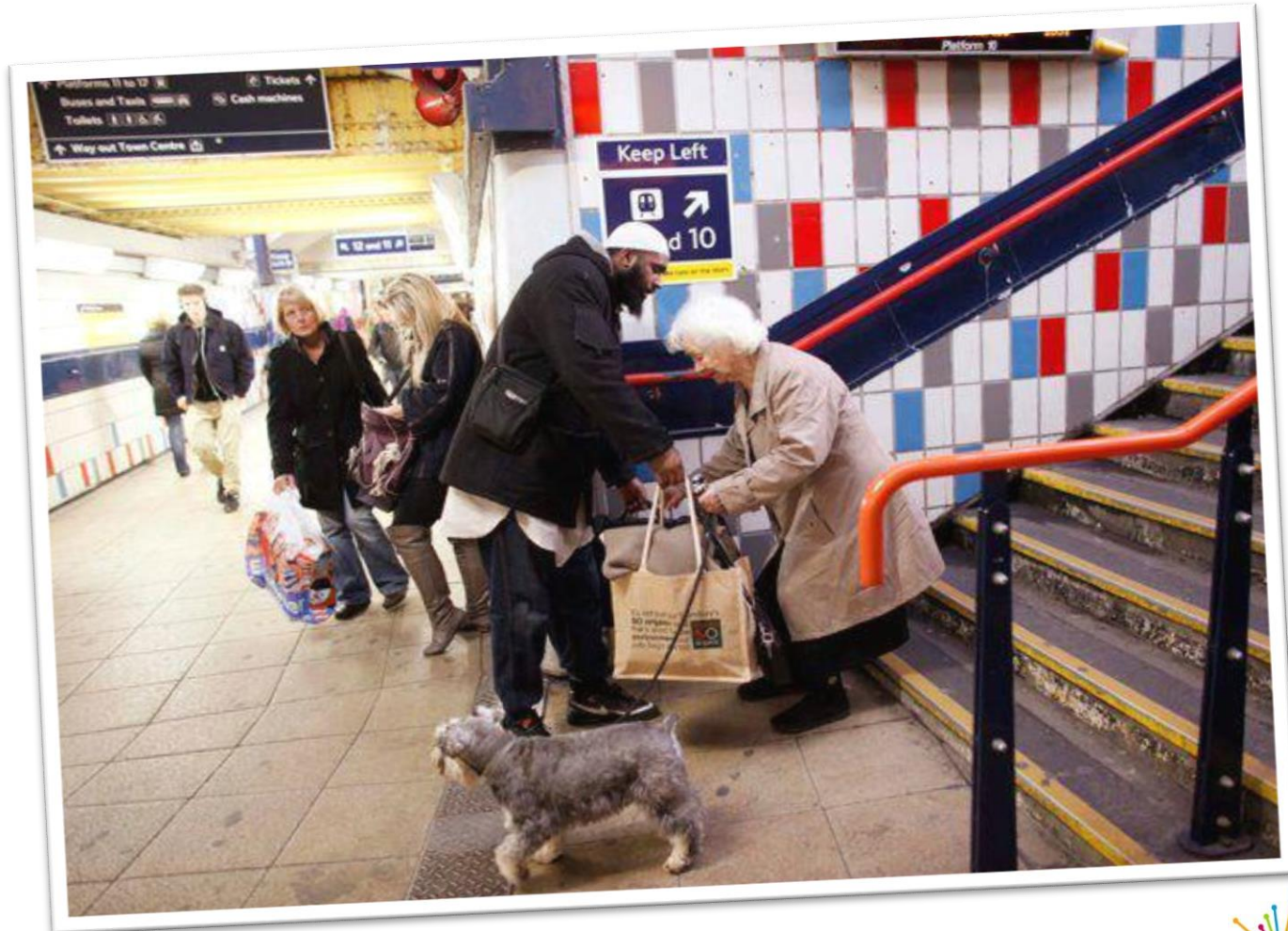
Assistant Director– Urban Transport Group

1<sup>st</sup> May 2019

Health in All Policies 2019

Royal Society of Medicine, London

# 5 ways to wellbeing - Give...



# 5 ways to wellbeing - Connect with people around you...



# 5 ways to wellbeing - Be active...



# 5 ways to wellbeing - Take notice...



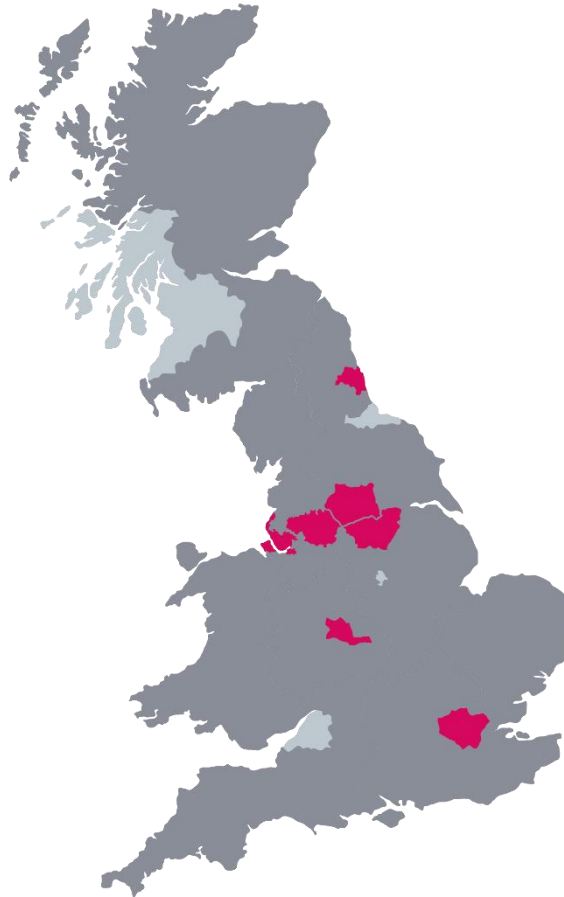
# 5 ways to wellbeing - Keep learning...



# Outline



- Why should transport and health work together?
  - What can transport do for health?
  - What can health do for transport?
- How are we doing so far on collaboration – how can we enable more?
- Collaboration opportunity: Healthy Streets





# Our work on health

## resources Health and Wellbeing



This hub is designed as a one-stop resource for health and transport professionals looking to work together to achieve common objectives



Transport and health: understanding each other, working together



Transport and health: evidence base and assessment tools



Healthy Streets for All



Transport, mental health and wellbeing



Transport to healthcare

Question responses Press releases

### Benefits of backing the bus

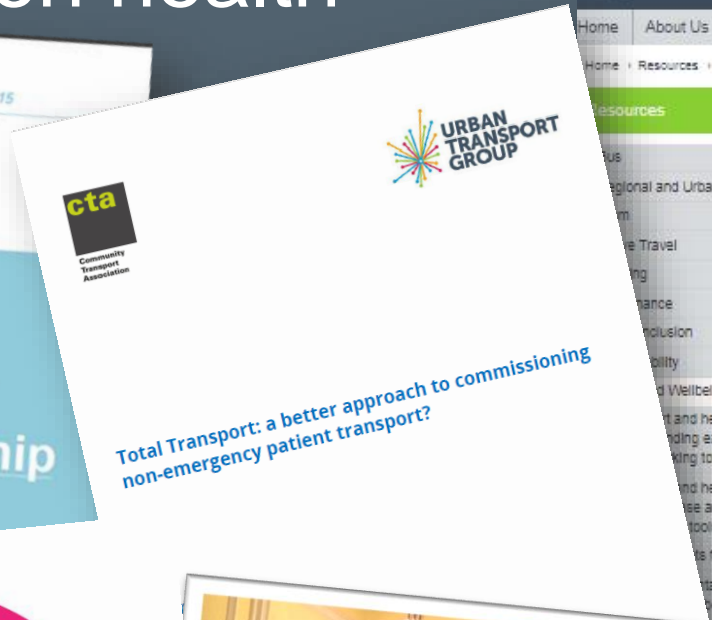
Investing in bus services is key to achieving a wide range of benefits for the Government. The way in which bus services are funded is mixed in England with Whitehall of how the various funding streams from different departments impact on bus services overall. The main forms of funding for bus services are under severe pressure from the Government's urban transport strategy.



pteg. The voice of urban transport

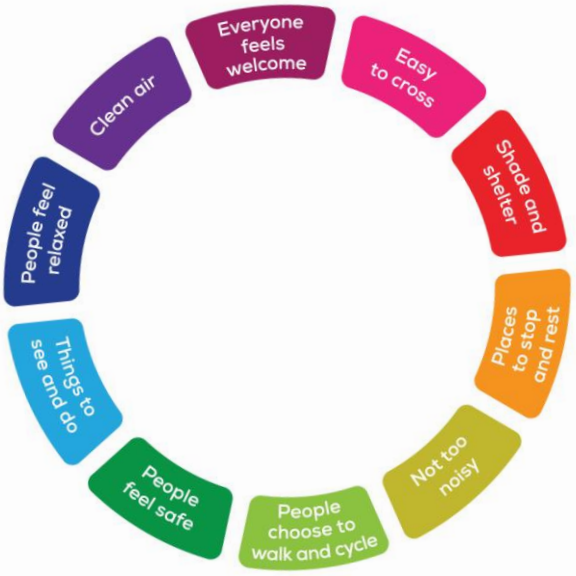
February 2015

## A Healthy Relationship



cta Community Transport Association

## Total Transport: a better approach to commissioning non-emergency patient transport?



Source: Lucy Saunders



# What can transport do for health?



**Opportunity for easy,  
everyday physical  
activity**



**Improving air quality  
through technology &  
behaviour change**



**Building healthy  
travel habits for life**



**Wellbeing benefits  
of keeping  
connected & active**



**Reducing injuries  
and fatalities**



**Staying  
independent**

**Enabling access to...**



**... healthcare**



**...healthy activities**



**...shops selling  
healthy, affordable  
food**

# What can transport do for health?



Single point of contact

Non-emergency  
patient  
transport

Social care  
transport

School transport

Knowledge of  
mainstream  
bus/rail network

Community  
transport

Shared pool of vehicles and  
knowledge of wider network

Most appropriate vehicle deployed/signposted to

# What can health do for transport?



**WALKING**  
**BRISKLY FOR**  
**10 MINUTES**  
**COUNTS**  
**AS EXERCISE**

BECAUSE THERE'S ONLY  
**ONE YOU**

ACTIVE  
**10**



# What can health do for transport?



# What can health do for transport?





According to the Royal College of Physicians, NHS-related traffic is associated with:

- **753 deaths** from air pollution
- **8,844 life years lost** from air pollution
- **85 deaths and 772 major injuries** from accidents
- **£650 million NHS** expenditure

# What can we do for each other?



Recognise and value each other's contribution and translate into joint action





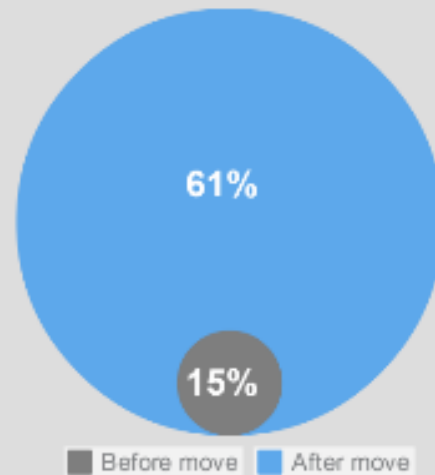
# Are health and transport collaborating?

**Strong evidence of improved collaboration with transport since public health's move into local government...**

*Percentage of DsPH rating collaboration between public health and transport as medium high or high*



Progress was particularly strong in places that had previously experienced the lowest levels of collaboration.



# Barriers to collaboration



DsPH identified a number of barriers to further joint working, including:



Lack of funding



Perceived cultural  
dominance of the car



Differing standards  
of evidence

# Tools for collaboration



Member login

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Home About Us Resources Media

Home > Resources > Health and Wellbeing

<http://www.urbantransportgroup.org/resources/health-and-wellbeing>

## Resources

### Health and Wellbeing

- Bus
- Regional and Urban Rail
- Tram
- Active Travel
- Funding
- Governance
- Social inclusion
- Sustainability
- Health and Wellbeing
  - Transport and health: understanding each other, working together
  - Transport and health: evidence base and assessment tools
  - Healthy Streets for All
  - Transport, mental health and wellbeing
  - Transport to healthcare
- Freight

This hub is designed as a one-stop resource for health and transport professionals looking to work together to achieve common objectives

**Transport and health: understanding each other, working together**

**Transport and health: evidence base and assessment tools**

**Healthy Streets for All**



# Collaboration opportunity: Healthy Streets



Source: Lucy Saunders

# Collaboration opportunity: Healthy Streets



Francis Road, London, UK

# Collaboration opportunity: Healthy Streets



# Collaboration opportunity: Healthy Streets



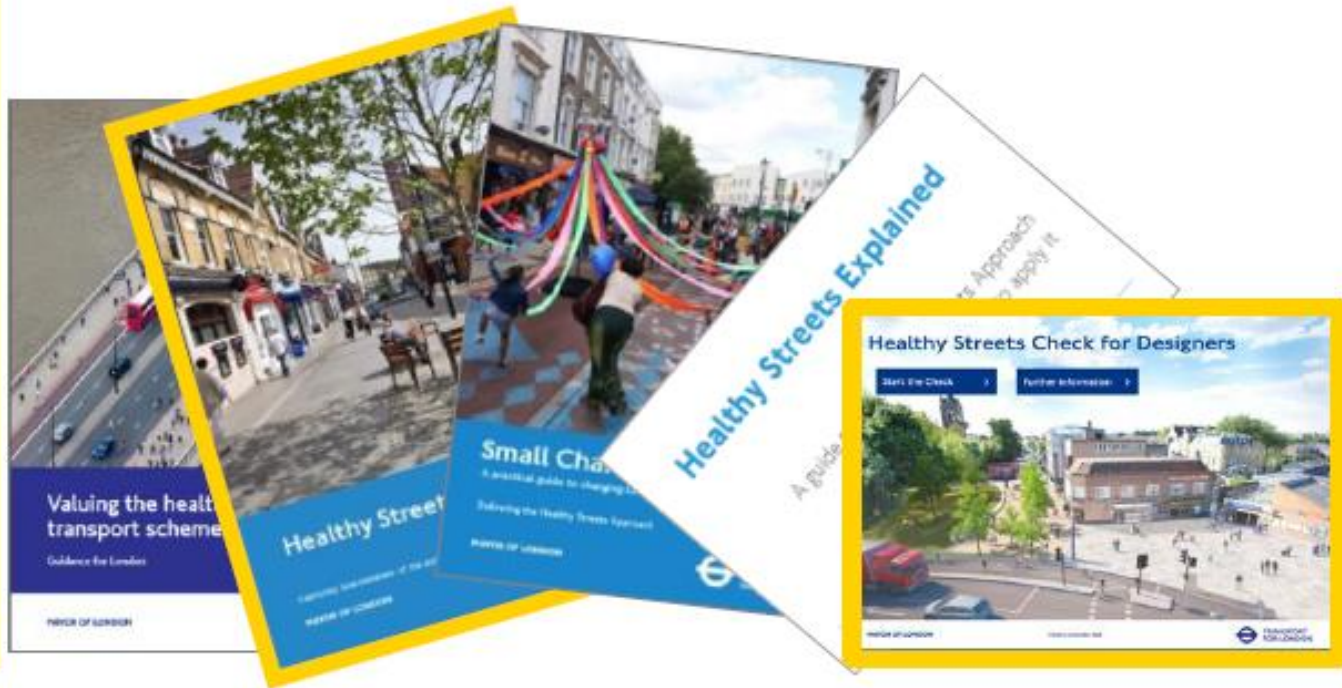
## Guide to the Healthy Streets Indicators

Delivering the Healthy Streets Approach

MAYOR OF LONDON



TRANSPORT FOR LONDON  
TfL



<https://tfl.gov.uk/corporate/about-tfl/how-we-work/planning-for-the-future/healthy-streets>

# Summary



- Why should transport and health work together?
  - What can transport do for health?
  - What can health do for transport?
- How are we doing so far on collaboration – how can we enable more?
- Collaboration opportunity: Healthy Streets



# Thank-you!



Any questions or comments?

Or feel free to get in touch...

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